



BHealth

## HEALTHY CHOLESTEROL

Helps Maintain Healthy Blood Cholesterol Levels

60 CAPSULES

CONTENTS PER CAPSULE:

333 mg glucomannan, 600 mg African wild mango extract (*Irvingia gabonensis*)

NON-MEDICINAL INGREDIENTS:

100 mg organic beetroot (*Beta vulgaris*), cellulose, hypromellose, magnesium stearate

ADULT DOSAGE:

Take 1 capsule twice daily with a large glass of water 30 to 60 minutes before each meal.

MADE FROM ORGANIC BEETROOT



ORGANIC BEETROOTS



NON GMO



GLUTEN FREE



APPROVED BY HEALTH CANADA



NPN # 80066725



RECYCLABLE

This product has not been evaluated by the FDA and is not intended to treat, cure, or diagnose any disease.

## HEALTHY CHOLESTEROL

BHealth Healthy Cholesterol is a unique formulation of proprietary ingredients designed for people that have difficulty maintaining healthy blood cholesterol and triglyceride levels.

### Did you know...

#### Organic beetroot (*Beta vulgaris*)

The beetroot is chock full of nitrates that, when in contact with human saliva, transform into nitric oxide (NO), a molecule that acts as a natural vasodilator. This reduced blood pressure improves circulation, which in turn facilitates the delivery of essential nutrients to the organs to allow your body to function at its best.

#### Glucomannan (*Amorphophallus konjac*)

Glucomannan is a sugar made from the root of the konjac plant. It creates a sense of fullness without leaving you gassy or bloated. The glucomannan helps reduce cholesterol levels by reducing cholesterol absorption from the gastrointestinal tract.

#### African wild mango extract (*Irvingia gabonensis*)

*Irvingia gabonensis* reduces fat accumulation in adipose cells, while providing the feeling of satiety. It acts in four distinct ways:

- Helps to restore leptin sensitivity.
- Enhances the increase of the hormone adiponectin (a key modulator of insulin insensitivity and inflammation).
- Regularization of the enzyme responsible for facilitating the metabolism of fats.
- Reduces the rate of carbohydrate absorption.

### A NATURAL SOLUTION FOR WEIGHT MANAGEMENT SUPPORT THAT HELPS MAINTAIN NORMAL, HEALTHY BLOOD CHOLESTEROL LEVELS.



### Health Benefits

- Helps normalize blood pressure and thus improve cardiovascular health.
- Helps maintain healthy blood cholesterol and triglyceride levels.
- Helps reduce appetite and promotes weight loss.

**CAUTION:** If you are breastfeeding or if you have diabetes, consult a health care practitioner prior to use. If you are pregnant, do not use this product. If you experience symptoms of hypoglycemia, including anxiety, dizziness, tremors, sweating, nausea or headaches, discontinue use. If you experience chest pain, vomiting or difficulty swallowing or breathing after taking the product, seek immediate medical attention. Loose stools, flatulence, diarrhea and abdominal discomfort have been reported.