



BHealth

CARDIO

Helps Support Good Cardiovascular Health

90 CAPSULES

CONTENTS PER CAPSULE:

400 mg organic beetroot (Beta vulgaris), 100 mg extract equivalent to 500 mg of dried hawthorn (Crataegus laevigata, flower and leaf)

NON-MEDICINAL INGREDIENTS:

Cellulose, hypromellose

ADULT DOSAGE:

Take 1 capsule, 3 times a day. The product should be taken for at least 60 days to see positive results on your health.

MADE FROM ORGANIC BEETROOT



ORGANIC BEETROOTS



NON-GMO



GLUTEN FREE



APPROVED BY HEALTH CANADA



NPN # 80061926



RECYCLABLE

This product has not been evaluated by the FDA and is not intended to treat, cure, or diagnose any disease.

CARDIO

BHealth Cardio combines the benefits of hawthorn with the science of nitrates to help maintain and support cardiovascular health in adults.

Did you know...

Organic beetroot (Beta vulgaris)

Nitrates contained in beetroot, when in contact with human saliva, transform into nitric oxide (NO), a molecule that acts as a powerful vasodilator. Nitric oxide is a gas that causes blood vessels to dilate and lowers blood pressure.

Their contribution is important since blood circulation and oxygenation involve the entire body system.

By dilating blood vessels, the oxygen supply to the muscles, heart and brain is increased.

Nitrates provide important benefits:

- Lowers blood pressure in hypertensive patients and disease-free adults.
- Enhances cardiovascular health and exercise performance in adults.

Hawthorn extract (Crataegus laevigata)

The therapeutic properties of hawthorn extract are recognized by the WHO (World Health Organization) and ESCOP (European Scientific Cooperative on Phytotherapy) for the treatment of mild to moderate congestive cardiac insufficiency.

A NATURAL SOLUTION TO HELP REDUCE HYPERTENSION AND IMPROVE CARDIOVASCULAR HEALTH.



Health Benefits

- Dilates the arteries that supply the heart muscle with oxygen and essential nutrients. This results, with continued use, in a stronger, more efficient heartbeat.
- Acts as a powerful free-radical scavenger, protecting the heart against the harmful effects of lessened oxygen, a common result of vascular disease such as atherosclerosis.
- Helps steady an irregular heartbeat and does not lead to dependence when used continuously.

Source :

University of Maryland Medical Center

CAUTION: Consult a health care practitioner prior to use if you are taking cardiac glycosides such as digitalis/digoxin or blood pressure medication. Store at room temperature. Keep out of reach of children. Do not use if security seal is broken.