



BHealth

FOCUS

Enhance Physical Performance

90 CAPSULES

CONTENTS PER CAPSULE:

400 mg organic beetroot (Beta vulgaris), 100 mg ginseng (Panax ginseng)

NON-MEDICINAL INGREDIENTS:

Cellulose, hypromellose

ADULT DOSAGE:

Take 1 to 2 capsules, 3 times a day.

MADE FROM ORGANIC BEETROOT



ORGANIC BEETROOTS



NON GMO



GLUTEN FREE



APPROVED BY HEALTH CANADA



NPN # 80061995



RECYCLABLE

This product has not been evaluated by the FDA and is not intended to treat, cure, or diagnose any disease.

FOCUS

BHealth Focus contains a proprietary blend of organic beetroot and Panax ginseng. It is the ideal solution to enhance physical performance, relieve that feeling of tiredness, help to support cognitive function and reduce physical stress after strenuous exercise.

Did you know...

Organic beetroot (Beta vulgaris)

Beetroot is chock full of nitrates that, when in contact with human saliva, transform into nitric oxide (NO), a molecule that acts as a natural vasodilator. This in turn facilitates an increase in blood flow carrying oxygen and essential nutrients throughout the body. For athletes, this reaction brings about several great benefits to their training routine:

- Improves blood flow carrying oxygen to the muscles, heart and brain.
- The mitochondria becomes more efficient thus allowing the cells to create the same level of energy by consuming less oxygen. This powerful combination allows physically active people to improve their training endurance and efficiency.
- Increases energy and muscular strength.
- Increased endurance: the heart and muscles can therefore do the same physical exercise

but with higher endurance and intensity.

- Reduces blood pressure, helps to purify the blood and thus improve cardiovascular health.
- Allows the body to recuperate more rapidly after physical activity.

Panax ginseng

Panax ginseng has a long history of use in natural medicine and traditional Chinese medicine. It has a generalized tonic effect on the body to stimulate physical and intellectual performance. Several clinical studies have shown that it is an excellent choice for enhancing physical endurance and athletic performance. The combination of Panax ginseng and organic beetroot makes BHealth Focus a novel and unique product for people wanting to increase their physical and intellectual capabilities while reducing mental fatigue.

A NATURAL SOLUTION TO ENHANCE PHYSICAL PERFORMANCE AND SUPPORT COGNITIVE FUNCTION.



Health Benefits

- Accelerates muscular recovery by reducing tissue damage caused by resistance training.
- Helps support cognitive function and/or reduce mental fatigue.
- Reduces hypertension.
- Helps to enhance physical capacity/performance in cases of physical stress.
- Improves cardiovascular health and physical performance.
- Reinforces qi (TCM), benefits the spleen, lungs and relieves symptoms of thirst due to impairment of body fluids and internal heat.

CAUTION: Consult a health care practitioner prior to use if you are pregnant or breastfeeding, if you are taking antidepressant medications, if you are taking cardiac glycosides such as digitalis/digoxin or if you have diabetes.